

### Visit amazing wonders of South America

This epic tour begins in Peru where we explore Lima, the modern capital, and Cusco, the capital of the 12<sup>th</sup> century Inca Empire. We marvel at the mysterious Nazca Lines, visible only from the air. We cruise to the Ballestas Islands, noted for its great variety of birdlife. We take an awesome train excursion from the Sacred Valley through the rugged Andes to the ruins of Machu Picchu. This archeological wonder majestically crowns a 3,000-metre high ridge and was hidden from the world until its rediscovery 115 years ago. A day's drive from Cusco takes us to Puno, a resort on the north shore of magnificent Lake Titicaca. A boat excursion on the world's highest navigable lake goes to the Uros Floating Islands. Nearby are the ruins of Tiwanaku which date from 1580 BC. The tour finishes in La Paz, the historic capital of Bolivia. What an incredible journey through Peru and Bolivia!







INTERNATIONAL

**▶** Departure from:

**1 BC Interior:** April 9, 2026 - 20 days

Vancouver Island: April 9, 2026 - 20 days
Lower Mainland: April 9, 2026 - 20 days

### Fares per person

from \$13,490 double/twin, \$15,190 single\*
\*Pricing details for all departures provided on page 2.

## Early Booking Bonus

**\$250** on first 8 seats; **\$125** on next 4.

### ▶ Earn 225 Experience Points



## **DEPARTURE INFORMATION**



Your specific departure point will be confirmed at the time of booking.

Passengers travelling from the BC Interior, Vancouver Island & Lower Mainland regions will begin and end the tour as follows:



**BC Interior:** We drive to Seattle on Thursday, April 9 and stay overnight at the Embassy Suites Sea-Tac. We fly to Lima the following day. We fly from Lima to Vancouver on Tuesday, April 28, then drive home. Transportation is provided to and from your pickup point.



**Vancouver Island:** We travel to Seattle on Thursday, April 9 and stay overnight at the Embassy Suites Sea-Tac. We fly to Lima the following day. We fly from Lima to Vancouver on Tuesday, April 28, then travel home.

**Departure from Victoria:** For passengers in the Greater Victoria Area, transportation is provided from your pickup point on the day of departure and back when we return. Home pickup may be offered in the Greater Victoria Area depending on the number of people booked and coach size. The decision is made about 2 weeks before departure and you will be contacted about your pickup point and time.

**Departure from Up-island:** There is an additional cost to fly from/to Nanaimo or Comox to join this tour. Transportation to/from Nanaimo or Comox Airport is not provided. While we always prioritize convenient connections for our clients, sometimes it is not possible given the airline schedule and availability. You will be contacted regarding your schedule after final payment. Please request departure from Nanaimo or Comox at the time of booking.



**Lower Mainland:** We travel to Seattle on Thursday, April 9 and stay overnight at the Embassy Suites Sea-Tac. We fly to Lima the following day. We fly from Lima to Vancouver on Tuesday, April 28, then travel home. Home pickup for clients in the Greater Vancouver Area may be arranged at the time of booking.

**Departure from Abbotsford or Chilliwack:** Pickup and dropoff is by the main coach. Please refer to the BC Interior pricing and dates.

## **FARES PER PERSON**

	<b>Departure Point</b>	Fares per Person	Notes
O V	BC Interior	<b>\$13,490</b> double/twin <b>\$15,190</b> single	<ul> <li>This tour is exempt from GST.</li> <li>There is an additional cost to fly from/to Nanaimo or Comox to</li> </ul>
	Vancouver Island	<b>\$13,690</b> double/twin <b>\$15,390</b> single	
0	Lower Mainland	<b>\$13,540</b> double/twin <b>\$15,240</b> single	join this tour.

## WHAT'S INCLUDED

#### Meals

152 total: 17 breakfasts, 18 lunches, 17 dinners 17 total: 17 breakfasts, 17 lunches, 17 dinners

### **▶** Transportation

- Transportation to Seattle Airport from the BC Interior, Greater Victoria, or Greater Vancouver Areas
- Flight from Seattle to Lima
- Current air taxes, fees & fuel surcharges
- 1 checked bag per person
- 16 days coach transportation in Peru & Bolivia
- All transfers between airports & hotels
- Flight from Lima to Cusco
- Train from Ollantaytambo to Machu Picchu Pueblo & return
- Shuttle bus between Pueblo & Machu Picchu
- Flight from La Paz to Lima
- Flight from Lima to Vancouver
- Transportation from Vancouver Airport to the BC Interior, Greater Victoria, or Greater Vancouver Areas

#### Accommodation

- 18 nights plus ½ night April 27 of accommodation, hotel taxes & hotel service charges
- Luggage handling at most hotels

### Guides, Gratuities & Taxes

- Bilingual guides in Peru & Bolivia
- Gratuities for Peru & Bolivia guides & drivers, local city guides, & included meals
- Nazca airport tax
- Bolivia departure tax

## Key Highlights

- Pachacamac archeological site
- Flight over the Nazca Lines
- Chauchilla Cemetery
- Nature & birdlife cruise to Ballestas Islands
- Locally-guided tour of Lima
- San Francisco Monastery
- Larco Museum
- Sacred Valley of the Incas
- Tour of Chinchero & Maras
- Moray archeological site
- Pisac Market
- Ollantaytambo Fortress
- Machu Picchu with guided tour
- Walking & driving tour of Cusco
- Temple of the Sun
- Temple fortress of Sacsayhuamán
- Tambomachay bathing site
- Tipón archaeological site
- Pikillaqta village
- Andahuaylillas adobe church
- Raqch'i ceremonial centre
- Boat excursion on Lake Titicaca to the Uros Floating Islands
- Copacabana Church
- Ruins of Tiwanaku
- Tour of La Paz with Valle de la Luna
- La Paz cablecar
- Tour of Lima's Bohemian district

Attractions are subject to change. Please see Tour Policies for more information.

### Knowledgeable Wells Gray tour director





#### Thursday, April 9

We travel to Seattle for an overnight stay near the airport. Meet your fellow travellers during a reception with cocktails, beer, and wine.

Meals included: 1 Lunch

**Accommodation:** Embassy Suites Sea-Tac

#### Friday, April 10

We fly from Seattle to Lima. **Welcome to Peru!** Our coach and Peruvian guide meet us at the airport.

Accommodation: Hotel José Antonio, Lima

#### Saturday, April 11

Our 4-star hotel is located in **Miraflores**, Lima's most vibrant district for tourists with many shops and restaurants. It is five blocks away from Kennedy Park and the Larco Mar Shopping Center. The morning is leisure time. In the afternoon, we tour the **Pachacamac archeological site**. It was settled around 200 AD and flourished for about 1,300 years until the Spanish invaded. A "Welcome to Peru" dinner is served this evening.

Meals included: Breakfast, Lunch, Dinner Accommodation: Hotel José Antonio, Lima

#### Sunday, April 12

We journey south on the **Pan-American Highway** along the coast of Peru to Nazca. Our historic hotel was the home of the German archaeologist Maria Reiche while she studied the Nazca Lines starting in the 1940s.

**Meals included:** Breakfast, Lunch, Dinner **Accommodation:** DM Hotel Nazca

#### Monday, April 13

We board small planes for a thrilling flight over the mysterious **Nazca Lines** whose shapes are only recognizable from the air. These gigantic drawings were made in the sand over 2,000 years ago, and time and weather have not eroded them. Visible are dozens of geometrical lines and 70 animal, insect, and human figures, the largest of which are the reptile (180 metres long) and the monkey (90 metres). The lines may have been created by the Nazca Indians, but the purpose is unknown. One sensational theory was proposed by Erich von Daniken that the lines were built by aliens as landing places for spacecraft. Later, we visit the **Chauchilla Cemetery** which contains mummified human remains and artifacts, dating to 900 AD. We stay overnight in **Paracas**, one of Peru's busiest beach resort towns, at an oceanfront hotel.

**Meals included:** Breakfast, Lunch, Dinner **Accommodation:** San Agustin Resort

#### Tuesday, April 14

We cruise to the spectacular **Ballestas Islands** to view sea lions and more than 150 species of sea birds such as Humboldt penguins, cormorants, boobies, pelicans, and condors. The boat trip also provides a distant view of **El Candelabro**, a giant lamp etched into the sand like the Nazca Lines. Its huge design is best appreciated from the ocean. Afterwards, we return to Lima.

Meals included: Breakfast, Lunch, Dinner Accommodation: Hotel José Antonio, Lima

### ITINERARY continued

#### Wednesday, April 15

A city tour takes us around **Lima**, the capital of Peru, which has a wonderful blend of Spanish colonial heritage and modern opulence. Two highlights are the **Larco Museum** with its large private collection of pre-Columbian gold treasures and pre-Inca textiles, and **San Francisco Monastery** including the Basilica, Gran Patio, underground catacombs, and Museo de Profundis with 111 Rubens canvases. Other sights during the tour are the imposing Cathedral housing the remains of Francisco Pizzaro, founder of the city; and the historic centre with Paseo de la Republica, San Martin Square, and old streets with colonial mansions.

Meals included: Breakfast, Lunch, Dinner Accommodation: Hotel José Antonio, Lima

#### Thursday, April 16

We fly from Lima to **Cusco** which lies at an elevation of 3,300 metres. Since many Canadians are unaccustomed to this altitude, a reception with a special tea may help you acclimatize. The surrounding peaks and valleys were the home of the mighty Inca empire and their capital was Cusco. Three thousand kms of stone roads radiated from here into the far reaches of the mountains. Cusco is still one of the most fascinating of the world's ancient cities. The scenic drive from Cusco crosses a high mountain ridge with the rugged Andes soaring above, then descends to Valle Sagrado, **the Sacred Valley of the Incas**. We stay two nights in Yucay with the majestic peaks of the Andes surrounding the hotel. Take it easy this afternoon while you get used to the altitude.

Meals included: Breakfast, Lunch, Dinner Accommodation: Sonesta Posada del Inca

#### Friday, April 17

We drive up into the mountains to the south of Valle Sagrado to visit the charming village of **Chinchero** with its colonial church, Inca ruins, and impressive views. Nearby **Maras** is noted for its white salt pans which were mined by the Incas. Next is **Moray**, a complex of four circular terraces which is believed to have been an agricultural laboratory used by the Incas to experiment with adapting plants to this environment.

Meals included: Breakfast, Lunch, Dinner Accommodation: Sonesta Posada del Inca

#### Saturday, April 18

Nearby Pisac consists of modern and colonial buildings alongside the Urubamba River. The **Pisac Market** is a fascinating experience, famous for the selling and bartering of all kinds of produce, weavings, and crafts. After lunch, we continue through the Sacred Valley and explore the ruins of **Ollantaytambo Fortress**, perched 700 metres above the rushing Urubamba River. It was built by the Incas around the 15<sup>th</sup> century and its strategic terraces provided a defence from the invading Spaniards. A thrilling experience awaits as we board a **narrow-gauge railroad** for the 1½-hour journey to Machu Picchu, the "Lost City of the Incas". The train descends along the sacred Urubamba River, past snowy peaks, lush terraced fields, and colourful native villages. We stay overnight at the end of the rail line in the village of Machu Picchu Pueblo, formerly Aguas Calientes.

Meals included: Breakfast, Lunch, Dinner Accommodation: Casa Andina Standard Mapi

#### Sunday, April 19

We ride a mini-bus for the exciting journey up the mountain via 17 narrow switchbacks to reach **Machu Picchu**. There are many theories about who built Machu Picchu and some historians believe it was the last refuge of the Inca empire after the Spanish conquest. The city was never found by the Spanish and the secret of its existence died with the last of its inhabitants. The sacred site lay buried beneath jungle growth for 400 years until an American archeologist, Hiram Bingham, rediscovered the ruins in 1911. The 220 stone temples and buildings of Machu Picchu are perched on a narrow ridge of the Andes at 3,000 metres altitude and are noted for engineering skill and fine craftsmanship. The city pays homage to three great Inca achievements: agriculture,

## ITINERARY continued

# Sunday, April 19 continued

astronomy, and masonry. A guided tour explains the mysteries of the ruins, then there is free time to explore on your own. We take the afternoon train to Ollantaytambo, then a motorcoach to Cusco where we stay three nights.

Meals included: Breakfast, Lunch, Dinner

**Accommodation:** Novotel Cusco

#### Monday, April 20

Our sightseeing tour of **Cusco** is rich in archeological and sacred sites of the Incas, many never discovered by the conquering Spanish. At its height, the Incan Empire stretched from the Pacific across the Andes to the Atlantic and from Ecuador south to Chile, and was populated by 8 to 10 million people. Cusco was the seat of a well-organized government headed by an emperor, but the empire quickly fell to the gold-hungry Spanish in the early 16<sup>th</sup> century. The Spanish destroyed many buildings, but built their own on top of Inca foundations. In the morning, there is a walking tour featuring the **Temple of the Sun**, the plaza, and the magnificent cathedral. This is followed by a driving tour to **Sacsayhuamán**, an incredible Inca structure. Massive stones, some weighing over 100 tons, were hauled 8 km from a quarry and assembled so precisely that a sheet of paper cannot be inserted between them. Other stops are Q'Enko, an Inca Rock Worship site; Puca Pucara, a possible Inca resting place; **Tambomachay**, an Inca bathing site for nobility; and La Vicunita Factory where alpaca and llama sweaters can be purchased.

Meals included: Breakfast, Lunch, Dinner

**Accommodation:** Novotel Cusco

#### **Tuesday, April 21**

**Tipón** is a sprawling early 15<sup>th</sup> century Inca site, consisting of ruins enclosed by a defensive wall about 6 km long. The most renowned part of the park is the group of precise right-angled monumental terraces, irrigated by a network of canals fed by a monumental fountain. Next is **Pikillaqta**, a village of the Wari people, occupied from 550 to 1100 AD. Its main use was for ceremonies and the site was not complete when abandoned.

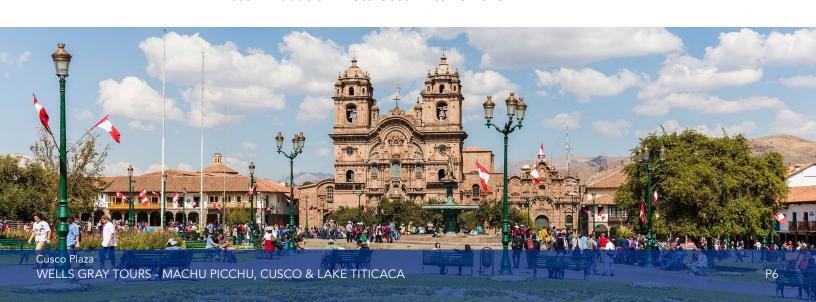
Meals included: Breakfast, Lunch, Dinner

**Accommodation:** Novotel Cusco

#### Wednesday, April 22

Today's drive crosses the Altiplano to Lake Titicaca. In **Andahuaylillas**, we see a colonial village and the adobe church of San Pedro which has dazzling interior paintings, some of the finest in all Peru. In **Raqch'i**, a ceremonial centre built by the Incas, we see a wall of adobe 15 metres high and 90 metres long which was once a huge hall with adobe columns. We continue to the north shore of Lake Titicaca and the resort city of **Puno**. Our hotel for two nights has a stunning setting overlooking the lake.

**Meals included:** Breakfast, Lunch, Dinner **Accommodation:** Hotel José Antonio Puno





#### Thursday, April 23

**Lake Titicaca** lies at an elevation of 3,812 metres (12,507 feet) and is considered the highest navigable lake in the world. It measures 190 km long by 80 km wide. This morning, we take a speedboat excursion to the renowned **Uros Floating Islands**. They are made from piles of reeds, an ancient tradition of the Uros who have descended from the oldest people of the Altiplano. Presently there are 42 floating islands on Lake Titicaca and they house a population of about 2,000 Uros. Later we visit **Taquile Island** which is known for its high quality handicrafts and even honoured as masterpieces by UNESCO. Knitting is exclusively performed by males, starting at age eight while the women make yarn and weave.

**Meals included:** Breakfast, Lunch, Dinner **Accommodation:** Hotel José Antonio Puno

#### Friday, April 24

Leaving Puno, we travel along the south shore of Lake Titicaca to Copacabana. **Welcome to Bolivia!** We visit the church where the famous image of the Virgin de Copacabana is venerated. Most of the afternoon is free time.

**Meals included:** Breakfast, Lunch, Dinner **Accommodation:** Hotel Rosario del Lago

#### Saturday, April 25

Today's highlight is the ruins of **Tiwanaku**, once the principal ceremonial centre and birthplace of Andean culture. Recent archeological dating tests show that these pre-Inca ruins date to 3000 BC. The tour includes Kalasasaya Courtyard, the Gates of the Sun and Moon, the Semi-Subterranean Temple, Akapana Pyramid, and the museum. We continue into La Paz, the capital of Bolivia, for a two-night stay.

**Meals included:** Breakfast, Lunch, Dinner **Accommodation:** Hotel Ritz La Paz

#### Sunday, April 26

Our tour of **La Paz** starts on the unique cable car transit system and we admire panoramic views of this mountainous city. Next is Valle de la Luna, a spectacular earth formation created by wind and erosion. Another terrific view is from Killi Killi, then we continue to the Indian and Witches Markets for some souvenir hunting. **Murillo Square** is the site of Metropolitan Cathedral, Palacio de Gobierno, and Parliament Buildings. Tonight's farewell dinner is a chance to reminisce about our adventures travelling through Peru and Bolivia.

**Meals included:** Breakfast, Lunch, Dinner **Accommodation:** Hotel Ritz La Paz

#### Monday, April 27

We take a morning flight to Lima. A tour of the Bohemian district of Barranco is arranged. The afternoon is at leisure and a hotel room is provided so you can have a rest before the flight. Our homeward flight leaves about midnight.

Meals included: Breakfast, Lunch, Dinner

#### **Tuesday, April 28**

Overnight, we fly from Lima to Vancouver. We travel home.

## **ACTIVITY LEVEL**



### **Activity Level 4**

**Rigorous Activity:** You want adventure and are ready to try anything. You lead an active life at home, walking, biking, hiking or skiing and 10,000 steps or more a day is normal for you.

You can handle walking up to 3 hours or 8 km, traversing uneven terrain or steep slopes, standing for prolonged periods of time, and you can manage your own luggage. You don't mind a mix of full days, early morning starts, and some late nights. Good physical condition is required as we travel at altitudes of up to 3,900 metres (13,000 feet) at Lake Titicaca and this can be demanding on the body, so you may wish to consult your doctor. Medication to avoid altitude sickness is a solution for some people. Seeing and experiencing everything mentioned in this itinerary requires active participation. This tour is not appropriate for people with canes, walkers, wheelchairs, or other mobility assistance devices. Walking poles are fine. Additionally, this tour is not appropriate for those who have cognitive impairments such as memory loss or confusion, difficulty expressing thoughts, repeating questions, or getting lost.

The tour director, South American guides, and drivers have many responsibilities, so please do not expect them, or your fellow travellers, to provide ongoing assistance. If you are not capable of keeping up with the group or require frequent assistance, the tour director may stop you from participating in some activities or some days of the tour. In extreme situations, you may be required to leave the tour and travel home at your own expense; travel insurance will probably not cover you.

**Please note:** Prior to accepting your booking, you will be required to sign a declaration that you are capable of travelling on an Activity Level 4 tour.



#### **Tour Size 25**

This tour is limited to 25 participants, making it a more intimate travel experience.

## **TOUR NOTES**

**Documentation:** A passport is required, valid 6 months after return date. A visa is not required in either country.

Currency & expenses: As this tour has been planned and priced a year before departure, it is possible that exchange fluctuations between the Canadian and US dollars could affect the fare, in which case you will be notified of the increase or decrease. The currency in Peru is Nuevo Sol and the exchange rate is CAD \$1 equals about 2.50 Sol. The currency in Bolivia is Boliviano and CAD \$1 equals about 4.80 Boliviano. The US dollar is widely accepted, but bills must be clean and not torn. Credit cards are accepted in major stores, hotels, and restaurants, but the markets and small shops generally want cash. Wait until you arrive in Peru to exchange US dollars for the Sol, same with the Boliviano. Don't plan on exchanging Canadian dollars in these countries. You can also use ATMs, but check with your bank for the correct length of the PIN. Three meals per day are included in Peru and Bolivia, but beverages including water are

usually charged extra. In the markets, haggling over the price is expected, but remember that the merchant also needs to make a living.

Please book early! Machu Picchu, Cusco, and Lake Titicaca are very popular tourist destinations. Some hotels have strict policies about our commitment to the number of rooms needed and will cancel rooms from our original reservation if they can sell the rooms to other visitors. If this happens, we have to consider the tour full, even though seats are available on the motorcoach. Therefore, waiting too long to book usually means "Sorry, wait till the next time this tour is offered, probably 2028."

**Gratuities** are included for the guides and coach drivers in Peru and Bolivia, the crew on boat excursions, and for all meals. Bring small bills for other gratuities. Gratuities to the Wells Gray tour director and Canadian drivers are not included and left to your discretion.

## TOUR NOTES continued

**Flight seating:** We are unable to take requests for window or aisle seating on the planes. The airline will not accept them, as group seating is assigned as a block. If this is important to you, we suggest you take the "No Flight" option with a fare reduction of \$1,550 and book your own flights which allow seat selection. This is also an option if you prefer not to fly through the US to/from Lima.

**Flight upgrades:** Please enquire about current prices for upgrades on the flights from Seattle to Lima and return to Vancouver. Premium economy and business class may be available.

Itinerary and Fare Changes: Our many suppliers may notify us about changes to the itinerary prior to departure and sometimes during the tour. We do our best to substitute a similar service if something cancels, but occasionally the only alternative is to provide a refund for the missed activity. Please note that if we are forced to cancel a tour component due to an issue beyond our control, the current penalties still apply if you choose to cancel the entire tour. The flights cannot be booked until early June 2025, so the included air fare has been

estimated and could change. Airlines can change their flight schedules before or after ticketing. Fuel surcharges and changes to taxes, currency exchange rates, or other tour costs can occur at any time, therefore Wells Gray Tours reserves the right to increase fares due to such changes up to departure.

**Food Allergies:** You must notify us no later than at final payment if you have a food allergy. This tour goes to some remote places where restaurants may not be able to satisfy all food allergies. An allergy causes medical distress, a preference does not. For some allergies, please consider bringing your own snacks or food items so you are not dependent on what restaurants are able to serve.

Triples: Triples are not available on this tour.

**Health Clinic:** Visit a travel vaccination clinic two months before departure to discuss possible inoculations for this tour. Bring this itinerary. There are currently no required inoculations, but you may want to discuss Hepatitis A/B and Yellow Fever.



## **TOUR POLICIES**

Payments: A deposit of \$1,000 per person is requested at the time of booking and balance is due December 16, 2025. By paying the deposit, you agree to the Terms & Conditions, Activity Level 4 Declaration, and Cancellation Policy outlined. Payments can be made by online banking or cheque (1.5% discount on tour fare), or by Visa or Mastercard (\$5,000 limit per person on credit cards).

Early Booking Bonus: Receive a \$250 discount on the first 8 seats and \$125 on the next 4 seats for booking early with deposit. The discount is not offered after December 16, 2025.

Cancellation Policy: Up to December 5, 2025, the cancellation charge is \$100 per person. From December 6 to December 16, the cancellation charge is \$300 per person. From December 17, 2025 to February 6, 2026, the cancellation charge is 40% of the tour fare. From February 7 to March 6, the cancellation charge is 80% of the tour fare. After March 6, there is no refund.

Flight delays or cancellations: Flights can be delayed or cancelled at the last minute, sometimes causing a missed connection. Wells Gray staff will try to assist with rebooking, but the airline usually wants to talk with the individual passenger. There may be an extra payment required if the issue is weather. Wells Gray Tours is not allowed to interfere with this process. Check that your travel insurance policy has a flight delay benefit because that is usually your best recourse for recouping additional flight costs.

Travel Insurance: A Comprehensive Insurance policy is available through Wells Gray Tours and coverage is provided by Travel Guard. Policies purchased at deposit include a waiver of the pre-existing condition clause for medical and cancellation claims, otherwise policies can be purchased no later than at final payment. Medical questionnaire is not needed. Please contact us for details. If you have your own travel insurance, please read the policy carefully to be sure that you are adequately covered for medical, cancellation, interruption, and luggage. This tour travels through the US to get the flight to Lima, so you must have medical insurance as a minimum.

Photo Credits: Pixabay (Machu Picchu, Train to Machu Picchu), tour director Lisa (Sacred Valley, Wells Gray Group at Machu Picchu), Adobe Stock (Lima), Wikimedia (Cusco Plaza), and Pexels (Uros Floating Islands).

**Experience Points or E-points:** This tour earns 225 e-points. Each time you travel on a Wells Gray tour, you earn e-points that are added to your account after the tour returns. One e-point equals \$1. Redeem your earned points on select tours or accumulate enough points to earn a free tour! Redemptions offered until December 16, 2025.

Consumer Protection BC Licences: Kamloops 178, Vernon 655, Kelowna 588, Penticton 924, Victoria 65842

WE PLAN. YOU PACK. **NO WORRIES!** 

www.wellsgraytours.com 1-800-667-9552



Offices are open weekdays from 9 am to 4 pm. Book an appointment or walk-in and visit us.

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159 Wade Ave East Penticton, BC V2A 8B6

250-493-1255

**VICTORIA** 

102-736 Broughton St. Victoria, BC V8W 1E1 250-590-7889



## Machu Picchu, Cusco & Lake Titicaca — April 9, 2026

This tour is rated "Activity Level 4" by the tour planners at Wells Gray Tours using our new scale with 4 levels. This rating means there is a lot of activity as described here:



**Rigorous Activity:** You want adventure and are ready to try anything. You lead an active life at home, walking, biking, hiking or skiing and 10,000 steps or more a day is normal for you. You can handle walking up to 3 hours or 8 km, traversing uneven terrain or steep slopes, standing for prolonged periods of time, and you can manage your own

luggage. You don't mind a mix of full days, early morning starts, and some late nights. Good physical condition is required as we travel at altitudes of up to 3,900 metres (13,000 feet) at Lake Titicaca and this can be demanding on the body, so you may wish to consult your doctor. Medication to avoid altitude sickness is a solution for some people. Seeing and experiencing everything mentioned in this itinerary requires active participation.

Since a few people who are not capable of doing these activities can hold up the entire group, Wells Gray Tours expects everybody booking a tour with "Activity Level 4" to be fit physically and mentally. Please read the following and sign acknowledging that these statements are true. The tour deposit will be due after you have signed this statement.

- I want to travel on a Wells Gray tour with a rating of "Activity Level 4" on the new scale with 4 levels.
- I have read the brochure with the full itinerary and description of the activities that are typical on this tour.
- I understand that this is the highest activity level that a Wells Gray tour can be rated.
- I am confident that I can participate in tour activities at this level, and I will not hold up or delay the other members of the tour.
- I do not require the use of a wheelchair, walker, cane or other mobility assistance device. Walking poles are fine.
- I have no cognitive impairment such as memory loss or confusion, difficulty expressing thoughts, repeating questions, or getting lost.
- If my physical or cognitive condition changes between booking and departure date such that I can no longer do this level of activity, I will notify the Wells Gray office or agent. The specified penalties will apply for cancelling and travel insurance may cover this.
- If I am not capable of keeping up with the group or require ongoing assistance, I understand that the Wells Gray tour director has the right to stop me from participating in some activities or some days of the tour. In extreme situations, I acknowledge that I may be required to leave the tour and travel home at my own expense, and that travel insurance will probably not cover me.

This statement has been implemented by Wells Gray Tours to maintain high quality itineraries, accurate timing, and the enjoyment of all tour participants. Each person booking this tour must sign this statement. Thank you for your understanding.

Signature	Name	Date
•		-